

# RAPID DEBRIEF

RAPID MENTORING  
FAST-TRACK PROGRAM

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**Further. Faster.**





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## Rapid Debrief

**At the end of the day, in the office, on the way home or even before bed try this quick debrief as an end of day ritual - it is a game changer!**

**WHAT DID I ACHIEVE TODAY?**

**WHAT DO I NEED TO ACHIEVE TOMORROW?**

**THREE THINGS I AM THANKFUL FOR TODAY:**

- 1.
- 2.
- 3.





**Make more of  
your life and career  
in less time.**

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